

## **Sainik School Kalikiri**

Preparation & Descriptive Writing on Traditional Dish of Partner State (Haryana). Sainik School Kalikiri conducts various activities every month as part of the Ek Bharat Shreshtha Bharat programme with an aim to promote national integration and appreciation of Indian art and culture among the cadets. These activities also help the cadets to aware of the rich cultural heritage of the country and also to develop the feeling of admiration and respect for the cultures of a different state. As a part of that a competition on Preparation & Descriptive Writing on Traditional Dish of Partner State (Haryana) was conducted offline for the cadets of classes 9th to 11th from 21 July to 22 July 2022. The sole aim of this competition was to expose, sensitize and aware the cadets about the traditional dishes of partner State Haryana. The competition was well received by the cadets, and they actively participated in an essay writing competition and came up with vibrant presentations. They explained several varieties of Haryana State traditional dishes which are very common in Haryana. The cadets in their descriptive essays explained how dishes like Bajra Alu, Roti with Makhan, Besan Roti with Besan Curry, Roti Mix Veg Kadi Pokoda, Green Salad, Lassi Chaas, Churma, Meethi Chawal, Chole Vhature, Malpua, Bajra Kichadi, Gajar Methi With Masala Roti and Raita, Kichdi Pokoda, Palak Puri Palak Bajra Roti, Alu Parothaand Dahi, Mooli Parothaand Mongo Pickle, Panner Parotha, Alu Sanju, Alu Paratha with Tomato Sauce, and Hyali Chicken are prepared. It was very encouraging to see the young cadets describing various cuisines of Haryana. The Principal, Gp Capt C S Pardesi appreciated the cadets for taking an active part in the competition and advised them to continue learning more about the partner state by participating in all the forthcoming events as well. He also told the cadets that the programme indeed acts as a link between the two states' Sainik Schools to understand the significance of the history, culture, language and tradition of both states. Finally, he said that India is blessed with a rich culture and heritage, and the richness and variety of its culture need to be preserved for future generations.